

procured in the island, and the abbe remained an abbe in spite of the investiture, and the whole farce was forgotten.

We occasionally see the Exile in better moods, when he listened to the voice of reason, and thought loss of the annoyances inseparable from the state to which his ambition, or as he himself always averred, his destiny, had reduced him. He had for a long time debarred himself from all exercise, having, as he expressed it, determined not to expose himself to the insult of being accompanied on his ride by a British officer, or the possibility of being challenged by a sentinel. One day when he complained of his inactive life his medical attendant recommended the exercise of digging the ground; the idea was instantly seized upon by Napoleon with his characteristic ardor. Noverraz, his *chasseur*, who had been formerly accustomed to rural occupations, was honored with the title of head gardener, and under his directions Napoleon proceeded to work with great vigor, he sent for Antommarchi to witness his newly acquired dexterity in the use of the spade. "Well, Doctor,"¹ said he to him, "are you satisfied with your patient— is he obedient enough? This is better than your pills, Dottoraecio; you shall not physic me any more." At first he soon got fatigued, and complained much of the weakness of his body and delicacy of his hands; "but never mind," said he, "I have always accustomed my body to bend to my will, and I shall bring it to do so now, and inure it to the exercise." ¹ He soon grew fond of his new employment, and pressed all the inhabitants of Long-wood into the service. Even the ladies had great difficulty to avoid being set to work. He laughed at them, urged them, entreated them, and used all his arts of persuasion, particularly with Madame Bertrand. He assured her that the exercise of gardening was much better than all the doctor's prescriptions — that it was in fact one of his prescriptions. But in this instance his eloquence failed in its effect, and he was obliged, though with much reluctance, to desist from his attempts to make lady gardeners.

But in recompense he had willing laborers on the part of ¹ *Antommarchi*, vol. i. p. 251.